



**John J. Bauer, M.D., F.A.C.S.**

[www.flinturology.com](http://www.flinturology.com)

Urology Services, Inc.

G-1121 West Hill Rd.

Flint, Michigan 48507

Tel: 810.232.8888

Fax: 810.232.9190

Email: [jbauer@flinturology.com](mailto:jbauer@flinturology.com)

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## FEMALE INCONTINENCE QUESTIONNAIRE

**Patient Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

Do you have leakage with:

Coughing or sneezing?	Yes	_____	No	_____
Lifting?	Yes	_____	No	_____
Active exercise? (running, etc.)	Yes	_____	No	_____
Minimal exercise? (walking, light housework, etc.)	Yes	_____	No	_____
Sleeping?	Yes	_____	No	_____
Nervousness or increased anxiety?	Yes	_____	No	_____
Leakage unrelated to any cause?	Yes	_____	No	_____

Is your clothing: Damp: \_\_\_\_\_ Wet \_\_\_\_\_ or Soaking Wet? \_\_\_\_\_

For protection do you use: Kotex Pads: \_\_\_\_\_ Tissue \_\_\_\_\_ or Diapers? \_\_\_\_\_

How many protective pads do you use per day? \_\_\_\_\_

Are they damp \_\_\_\_\_ wet \_\_\_\_\_ or saturated \_\_\_\_\_ at each change?

Do you leave puddles of urine on the floor? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you lose urine by continuous dribbling? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you lose urine in small spurts? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, is it related to physical activity? Yes \_\_\_\_\_ No \_\_\_\_\_

When you have the desire to urinate, do you lose urine before you can get to the toilet? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you get a severe urge: In the cold weather? Yes \_\_\_\_\_ No \_\_\_\_\_

With running water? Yes \_\_\_\_\_ No \_\_\_\_\_

At the front door of your house? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you have pain over your bladder when you are full or get the strong urge? Yes \_\_\_\_\_ No \_\_\_\_\_

How often do you pass urine during the day?

Every hour or less \_\_\_\_\_, 1-2 hours \_\_\_\_\_, 2-3 hours \_\_\_\_\_, 3-4 hours \_\_\_\_\_, or greater than 4 hours \_\_\_\_\_

How often do you pass urine after going to bed? \_\_\_\_\_

Is the volume of urine you pass usually?

Large \_\_\_\_\_ Average \_\_\_\_\_ Small \_\_\_\_\_ or very Small \_\_\_\_\_

Do you empty your bladder frequently, before you experience the desire to pass urine just so that you will stay dry?

Yes \_\_\_\_\_ No \_\_\_\_\_

**Please describe in your own words any additional information regarding your leakage problem not asked above.**